

THE FOUNTAIN

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**DISTRICT TRAINING
ASSEMBLY (DISTAS) 2022
AT GENERAL SANTOS CITY**

Cebu Fuente
Rotary
Club



**SERVE TO
CHANGE LIVES**



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Rotary International President



ANNA LOUISA A. BUMAGAT
District Governor



CAROLINE L. ANDRADE
District Secretary



MICHAEL TORRES
Assistant Governor, Area 1D

Cebu Fuente
Rotary
Club



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27th General Membership Meeting

Virtual Meeting | April 25, 2022

Area of Focus: Maternal and Child Health Month

SERVE TO CHANGE LIVES

Vol. 40, No. 27

Programme

PART 1

Call to Order.....	Pres. Bernardino Amago IV
Invocation.....	Audio Visual Presentation
Philippine Anthem.....	Audio Visual Presentation
The Rotary Hymn.....	Audio Visual Presentation
Four Way Test and Objects of Rotary	
Introduction of Rotarians / Spouses	
• Visiting Rotarians/Rotaractors/Guest	

PART 2

Business Matters

PART 3

Secretary's Report.....	Sec. Jomar Ponce
Treasurer's Report.....	Treas. Jun Torres
Director's Report	
President's Time.....	Pres. Bernardino Amago IV
Other matters	
Adjournment.....	Pres. Bernardino Amago IV



Hosted by:

JOMAR PONCE
Secretary

INVOCATION

*Our Father, we thank you
for this time of
fellowship and
enlightenment at the end
of the day. Bless us, we
pray, as we return to our
homes, that each day we
may broaden our
horizons a bit further
than the day before, so
that we may always
praise you with spirit but
also with understanding.
Amen.*

...Fellowship Continues...

Quote for the Week

"Either I will find a way, or I will make one." - Philip Sidney





President's Message



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Greetings!

We are now in the last week of April 2022 and this month has proven to be very eventful. We just recently concluded our DISTAS 2022 In General Santos City with PE Pouly, SE Tope, DPC Alain with Spouse Cri2x, Rotaractors Shevee and JN, and yours truly raising the banner of our club to the aforesaid event. We bring you the challenges of the District of the next Rotary Year which pay homage to the creative imagination of each Rotarians to serve the community.

Two more months to go and we will be closing this life-changing year. However, there can still be more that we can achieve. I am truly glad that we have successfully realized the "Go Green to End Polio Now Campaign", which will allow us to meet yet another District Challenge. I hope that until the very end, we shall never tire to aspire to be best version of ourselves in the service of others.

Choose kindness...change lives!

Best regards,

ATTY. BERNARDINO T. AMAGO IV
President, RY 2021 - 2022

Cebu Fuente
Rotary
Club



**SERVE TO
CHANGE LIVES**

From Secretary's Desk

JOSE MARIE PONCE
Secretary, RY 2021 - 2022

Attendance

ROTARY ID #	LAST NAME	FIRST NAME	25th 04/04	26th 04/09	27th 04/25	28th 05/02	Perfect Attendance
6726464	Abad	Jose Alfonso		✓			
6581939	Abarintos	Conrado					
8794289	Abay-Abay	Emman Reyan	✓				
9330462	Amago IV	Atty. Bernardino	✓	✓			
6218949	Amores	Maricel	✓	✓			
11227470	Amores	Atty. Ernesto Miguel					
3362897	Barba	Richard		✓			
6207695	Baring	Engr. Jesselito	✓				
1166426	Calalang	Emmanuel					
10954392	Deiparine	Atty. Sydrick Jose Andrei	✓				
11227514	Elendrino	Glenford		✓			
2036342	Espina	Arch. Joseph Michael	✓	✓			
8944393	Jang	Pouly	✓				
3516557	Karamihan	Dave John					
8599266	Kaufmann	Marina					
9804883	Llegunas	Kristoffer	✓	✓			
8794288	Lomanta	Atty. Lolita	✓	✓			
10709899	Ong	Jason	✓				
6726443	Pasion	Ma. Consolacion	✓				
10410040	Ponce	Jose Marie	✓	✓			
6581937	Ramos	Geraldine					
8599268	Rimaz	Ma. Dolores	✓				
5476140	San Pedro	Luz Filipinas					
11103868	Spaller	Herminia	✓				
8794286	Senerpida	Dr. Alain	✓				
3264107	Solomon	Mary Anne	✓	✓			
8543450	Sulay	Kendrick					
9330558	Tesalona	Emmanuel	✓	✓			
11227493	Torres	Alfie					
5176670	Torres	Arch. Manuel, Jr.	✓	✓			
10713855	Uy	Stephen Henry	✓	✓			
10410033	Yared	Patrick					
TOTAL ATTENDEES			19	13			

BIRTHDAYS

April 1 Sps. Dee Llegunas
April 12 PP Jun Torres
April 20 Sps. Juliet Abay-abay

WEDDING ANNIVERSARY

April 8 Pouly & Soo Jang





GREETINGS, DEAR CHANGE-MAKERS OF ROTARY,

Friends, one of my mantras in Rotary has been *do more, grow more*. I am sure you are adopting this mantra. *Do more*, as in bigger and impactful service projects, and *grow more*, as in increasing our membership.

There is so much excitement across the Rotary world about our Each One, Bring One effort. Everywhere I travel, club presidents, district governors, and Rotary members — both veteran and new — express appreciation that their membership efforts are inspiring the Rotary world.

We are growing more, and I cannot wait to celebrate all of this success with you at the Rotary International Convention in Houston in June. There is still time to register and make your plans to join us. We are looking forward to a once-in-a-lifetime experience that will unite our members after far too much time apart.

As we *grow more*, we will have so much more opportunity to *do more*. April is Maternal and Child Health Month, a great opportunity for your clubs to consider what you are doing to support the health of mothers and young children. Improving access to care and the quality of care for women and children worldwide is an important focus for us, and it also ties in very well with our Empowering Girls initiative. I appreciate the work being done by various clubs in this area of focus, and I would encourage you to think of ways to *do more*.

It has been so exciting to see Rotary members come together at the presidential conferences to share ideas about using our areas of focus to bring about big, lasting change in the world. The past and upcoming

presidential conferences are looking at our new area of focus — the environment — and how our work to protect our planet must also support our efforts to grow local economies, especially in places with the greatest poverty.

I also had the honor to speak at the 26th United Nations climate change conference, known as COP26, in Glasgow, Scotland. This important meeting brought together nearly 100 heads of state and government over a two-week period to set new targets for fossil fuel emission. My call to action was to restore mangroves, a crucial ecosystem that can mitigate the effects of climate change in coastal areas. Already, countries across the world are showing great enthusiasm for this plan.

Our survival is at stake — the damage of environmental catastrophe is already upon us — and so, too, is our ability to lift the world's most needy out of poverty and offer them hope. We must find ways to protect our planet while sustaining the economic growth necessary to achieve our highest humanitarian goals.

This is a very exciting time in Rotary, a time when the world needs us most. As we *Serve to Change Lives*, remember that we are also changing ourselves. We are becoming the world's great change-makers and peace-builders.

The world is ready for us. It's time to rise to that call.

Shekhar Mehra

President, Rotary International





TRUSTEE CHAIR'S MESSAGE

Seize the moment

What's your Rotary moment — a time that strengthened your dedication to Rotary and confirmed you would be a lifetime Rotarian? I have had many such moments over the years, and they all had one thing in common: They showed me Rotary's tangible power of turning our dreams of a better world into reality.

Rotary members are exceptional at it. I see that power in my own club in Chattanooga, Tennessee, and now, as Rotary Foundation trustee chair, in clubs and districts around the world.

Rotary members from Austria, Germany, Nigeria, and Switzerland are realizing their dream to help mothers and children in Nigeria. In partnership with several organizations, they have launched a multiyear, large-scale project to reduce unwanted births and drive down rates of maternal and child mortality. This project, once a vision of a few members but now the recipient of Foundation global grants, is training doctors, nurses, and midwives throughout all 36 states of Nigeria.

Every great project begins in the minds of our members. You are the ones who see schools that adolescent girls have stopped attending because of the lack of private bathrooms. You are the ones who see families facing food shortages, children who can't read, and communities with health problems caused by mosquitoes. Not only do you see these things, because you are in Rotary, you also do something about them.

And because of your engagement,

over the past decade, the amount of money the Foundation has awarded for global grants has grown by more than 100 percent. As more and more Rotarians have become involved, to keep our grants going we have had to adjust and stretch those funds by reducing overhead and by other means. The reason is simple: While the need for these projects is increasing and grant participation is also on the rise, annual giving from Rotary members has stayed relatively static for years.

Quite simply, we need more clubs and individuals to give to the Annual Fund to help keep our district and global grant programs thriving. This year, we set a goal of raising \$125 million for the Annual Fund. We can't realize your Rotary dreams or those of your fellow members without everyone's support.

Remember: It's not about the money, but about what our money can do. I am a firm believer that when we all give what we can, both as clubs and individuals, to the Foundation every year, we take another step toward making the world a better place.

Imagine the Rotary dreams we could make real if every member and every club got together and made a gift to our Foundation today. That would be quite a Rotary moment — for all of us.

JOHN F. GERM

Foundation trustee chair

GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2021-22

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Calcutta-Mahanagar, India

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Windsor-Roseland,
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Valarie K. Wafer
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Yangmei, Taiwan

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Sparks, Nevada, USA

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El Rímac, Peru

Katsuhiko Tatsuno
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**Ananthanarayanan S.
"Venky" Venkatesh**
Chennai Mambalam, India

GENERAL SECRETARY

John Hewko
Kyiv, Ukraine

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CHAIR-ELECT

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Sandringham, Australia

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Sangkooyun
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Marcelo Demétrio Haick
Santos-Praia, Brazil

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Mark Daniel Maloney
Decatur, Alabama, USA

Geeta K. Manek
Muthaiga, Kenya

Aziz Memon
Karachi, Pakistan

Akira Miki
Himeji, Japan

Barry Rassin
East Nassau, Bahamas

Dean Rohrs
Langley Central, British
Columbia, Canada

Gulam A. Vahanvaty
Bombay, India

GENERAL SECRETARY

John Hewko
Kyiv, Ukraine



SERVICE ABOVE SELF

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First The development of acquaintance as an opportunity for service;

Second High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third The application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR-WAY TEST

Of the things we think, say, or do:

1. Is it the **truth**?
2. Is it **fair** to all concerned?
3. Will it **build goodwill** and **better friendships**?
4. Will it be **beneficial** to all concerned?

ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians:

As a Rotarian, I will

1. Act with integrity and high ethical standards in my personal and professional life
2. Deal fairly with others and treat them and their occupations with respect
3. Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
4. Avoid behavior that reflects adversely on Rotary or other Rotarians
5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.

HANDBOOK

Common ground

Interest-based clubs inspire new members to dig in

In January 2020, RI President-elect Holger Knaack made an impassioned plea for Rotary to revitalize itself by “creating unique clubs for younger people.” For Gary Kao, who joined the Rotary Club of Taipei North, Taiwan, a decade ago, something clicked. He immediately launched an effort that has paid remarkable dividends.

In the space of three months, Kao helped start three new interest-based clubs, drawing about 200 new Rotarians into the fold. A fourth club was chartered in December, and Kao and his team are also helping an existing club expand by moving to an interest-based model.

“These new clubs really attract people, especially young people, who might not have wanted to join Rotary otherwise,” notes Kao, a 59-year-old information technology expert. “They love to come, and find that Rotary is a good way to meet new friends.”

Based on his experiences, Kao offers these tips to other Rotarians who are considering launching interest-based clubs.

— STEVE ALMOND

FOLLOW YOUR BLISS

Kao adhered to a simple rule in conceiving his new clubs: *Trust that your interests will appeal to others.* Thus, as a triathlete who loves gourmet food and belongs to an art organization, Kao helped launch the Rotary Clubs of Taipei Triathlete, Taipei Long Distance Runner, Taipei Gourmet, and Taipei Art.

His passion for these hobbies, and the community that already existed around them, made the clubs an instant success and provided a model for younger Rotarians. This year his Rotary district plans to launch a club with a cycling theme, and he has inspired other districts in Taiwan to establish interest-based clubs, including one for mountain climbers and another for triathletes.

Kao has also found that appealing to people’s passions creates a deep and immediate sense of devotion to the clubs. For example, the Taipei Gourmet club raised a whopping \$52,000 for The Rotary Foundation — in its first year.

LEVERAGE YOUR PERSONAL NETWORK

In considering who might lead these clubs, Kao didn’t organize a search committee. He reached out to his friends, folks such as Renny Ling, a promoter of Ironman competitions, and Nathan Lin, a local wine enthusiast and merchant. The benefits of this kind of personal recruitment are two-fold: The charter presidents of the first three clubs he formed were all younger than 50, yet they had their own experience in recruitment and vast personal networks to tap.

USE SEMINARS AND SOCIAL MEDIA

Kao recognized from the start that interest-based clubs would thrive by bringing together people who shared particular passions. He recommends a robust slate of seminars and speaking events, promoted via social media sites, which can draw interest from folks who know little to nothing about Rotary.



HAVE A CLEAR PROCESS IN MIND

For all his enthusiasm, Kao is quite methodical in his approach to launching a new club. He created a module called Club Building Blocks, which consists of four elements: feature, support, promotion, and administration.

The first step is to form interest groups within an existing club, based on its members' skills and hobbies (feature).

Then, appoint an experienced Rotarian in each interest group to serve as an adviser (support). Each group communicates its concept to prospective members through social media, gatherings, and speakers (promotion). When an interest group has recruited enough members, the adviser can help them submit a club application to Rotary International (administration).



THINK OF NEW MEMBERS AS SEEDS

When one of his interest-based clubs signs up a new member, Kao regards that member as a potential publicist and recruiter who might also compel others to join the fold. This mindset creates the possibility of exponential growth.

Kao also credits Rotary's commitment to diversity, equity, and inclusion, which encouraged him to think more expansively about how to increase enthusiasm for Rotary.

DARE TO DREAM BIG

Kao has a reverence for the traditions of Rotary, but he admits that his big ideas endured a lot of skepticism. "We need to find a breakthrough to the current bottleneck of 1.2 million Rotarians," Kao says. "That takes determination and trying new approaches, even when people question you."





MEET JOHN H.

Rotary bale, Talk Talk-an

WITH PP ARCHIE AND PP SUGUS

SPECIAL GUEST:

JOHN HEWKO

Rotary Club of Kyiv, Ukraine

**General Secretary & Chief Executive Officer,
Rotary International and The Rotary Foundation**

SPECIAL GUEST CO HOST:

PDG ME'ANNE SOLOMON

RI District 3860

8PM

MONDAY | 02 MAY 2022

Zoom Meeting ID: 813 8107 1826

Password: ARGUS

**Philippine
Rotary**
THE MAGAZINE OF CHOICE

Rotary
Zone 10A



Regional Rotary
Public Image Committee

RBTT PRODUCTIONS



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info@rccebufuente.org



www.rccebufuente.org



PROTECTING THE ENVIRONMENT

AN OFFICIAL CAUSE OF ROTARY

Rotary's new cause focuses on comprehensively solving specific issues that have a detrimental effect on the environment. As people of action, let's take on projects that can make a positive, measurable, and sustainable impact on the one place we all call home.

Learn more about Rotary's new cause at
rotary.org/environment

04-09-2022 26th RCCF GMM RY 2021 - 2022



04-22-23-2022 DISTAS 2022



04-22-23-2022 DISTAS 2022

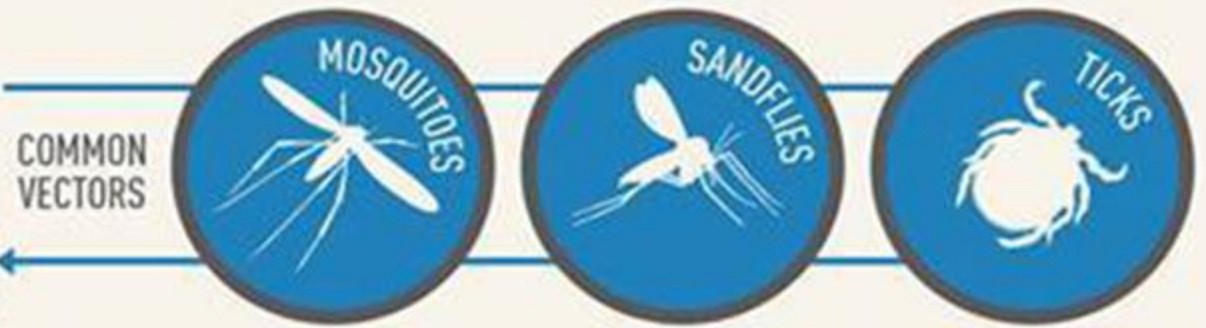




VECTOR-BORNE DISEASES

VECTORS MAY BE A THREAT TO YOU, AT HOME AND WHEN TRAVELLING

VECTORS ARE SMALL ORGANISMS THAT CARRY SERIOUS DISEASES



WITH JUST 1 BITE

they can transmit diseases such as:

- Malaria
- Dengue
- Zika
- Lyme disease
- Yellow fever
- Japanese encephalitis



TAKE SIMPLE MEASURES TO PROTECT YOURSELF AND YOUR FAMILY

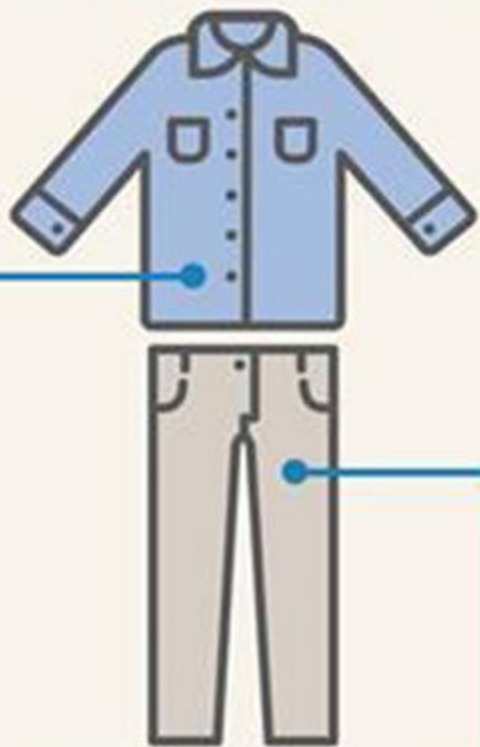
Get vaccinated against yellow fever and Japanese encephalitis



Install



window screens



Wear light-coloured, long-sleeved shirts and trousers



Use insect repellent

Sleep under an insecticide-treated bed net



Get rid of stagnant water from places where mosquitoes breed, such as in old containers, flower pots and used tyres



For more information, contact your health-care professional

ORATIO IMPERATA: PRAYER AGAINST COVID-19 or 2019 CORONA VIRUS DISEASE

Merciful and compassionate Father, we come to you in our need to seek your protection against the COVID 19 virus that has disturbed and even claimed lives. We ask you now to look upon us with love and by your healing hand, dispel the fear of sickness and death, restore our hope, and strengthen our faith.

We pray that you guide the people tasked to find cures for this disease and to stem its transmission. We thank you for the vaccines developed made possible by your guiding hands.

Bless our efforts to use these vaccines to end the pandemic in our country.

We pray for our health workers that they may minister to the sick with competence and compassion. strength in their commitment, protection from the disease.

We pray for those afflicted.

May they be restored to health.

Protect those who care for them.

Grant eternal rest to those who have died.

Give us the grace in these trying times to work for the good of all and to help those in need.

May our concern and compassion for each other see us through this crisis and lead us to conversion and holiness.

Grant all these through our Lord Jesus Christ your Son who lives and reigns with you, in the unity of the Holy Spirit, God forever and ever. Amen.

We fly to Your protection, O Holy Mother of God.

Do not despise our petition in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

Our Lady, health of the sick, pray for us.

St. Joseph, pray for us.

St. Raphael the Archangel, pray for us.

San Roque, pray for us.

San Lorenzo Ruiz, pray for us

San Pedro Calungsod, pray for us.





DISCOVER NEW HORIZONS

**AT THE 2022 ROTARY INTERNATIONAL CONVENTION
IN HOUSTON, TEXAS, USA, 4-8 JUNE 2022**

Build connections. Exchange ideas. Share successes.
Register today at convention.rotary.org.

And invite a friend to join you.
Nonmembers are welcome to register and attend.



**HOUSTON
2022**

It's because #VaccinesWork that we've reduced polio cases by 99.99% worldwide since 1988. Vaccines are the best investment we can make in human health and potential.

Learn more about our work to

End Polio Now: <https://on.rotary.org/3KZ0qSB>

WORLD IMMUNIZATION WEEK

24-30 April 2022

endpolio.org | [#endpolio](https://twitter.com/endpolio)

Rotary 

END
POLIO
NOW





Cebu Fuente
Rotary
Club



**END
POLIO
NOW**

**100% PAUL HARRIS CLUB
in Rotary International
District 3860
for RY 2016 - 2017**



Cebu Fuente
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**SERVE TO
CHANGE LIVES**

www.rccebufuente.org
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With water supply systems damaged or flooded, access to clean water becomes an immediate need. The Rotaract Club of Cebu Fuente – University of San Carlos launched MODAGAYDAY: A Water Donation Drive for the Victims of Super Typhoon Odette. 'Modagay-day' is a Cebuano translation of 'flow'.



Rotaract 
Pilipinas Multi-District
Information Organization 

On tRACK

RACCF-USC holds donation drive for Super Typhoon Odette victims

by: Louie James Jaminal, Rotaract Club of Cebu Fuente – University of San Carlos, District 3860

Super Typhoon Odette was the 15th to hit the country this year. Last December 16, 2021, it wreaked havoc on numerous parts of the Visayas and Mindanao with the force of a Category 5 hurricane in the Atlantic. Pre-landfall, it had sustained winds of 260 km/h with gusts of exceeding 300 km/h on Siargao Island. Residents experienced dispersed widespread flooding and rain-induced landslides as a result of these Conditions.

  @PHRotaractMag

Invite someone to become a

Cebu Fuente
Rotary
Club



Rotarian today.

Join Rotary Club of Cebu Fuente



Spread the Word!